



## Parent in Back Guidelines

Dear Parents:

You may choose whether or not to accompany your child to his/her appointment. Although we sense that some children do better without parents present, we are open to having you with your child. If you choose to be present, we suggest the following guidelines to improve chances of a positive outcome:

1. Please do not bring other siblings to the appointment.
  - A. They can be disruptive
  - B. We don't want siblings watching things that might scare them for future appointments.
2. Allow us to prepare your child.
3. Be supportive of the practice's terminology.
4. Be a silent observer. We ask that you sit away from your child during the procedure.
  - A. This allows us to maintain communication with your child.
  - B. Children will normally listen to their parents instead of us and may not hear our guidance.
  - C. You might give incorrect or misleading information.
5. If asked to leave, be ready to immediately walk away
  - A. Many children will try to control the situation with their parent present.
  - B. There will always be an immediate outburst as you leave, but with time and comfort from the doctor and staff, most children calm down and do great.

These are very important ways that you can actively help in the success of your child's visit. We are confident that all will go well and hope these guidelines will help prepare you with confidence for the upcoming appointment.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_